

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TO THREE (3) CAPLETS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 33

Amount Per Serving		%Daily Value
Calcium	1,000 mg (1 g)	100%
(as Calcium Carbonate and Calcium Gluconate)		
Magnesium	400 mg	100%
(as Magnesium Oxide and Magnesium Gluconate)		
Zinc	25 mg	167%
(as Zinc Gluconate and Zinc Citrate)		
Sodium	10 mg	<1%

Other Ingredients: Vegetable Cellulose, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

Sundown *Naturals* Calcium Magnesium AND Zinc

High Potency Formula

**Promotes Bone Health
& Nerve Function***

VEGETARIAN FORMULA
100 CAPLETS **DIETARY SUPPLEMENT**

Smart Facts

Calcium is the primary mineral responsible for strong bones.* The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.* Calcium and Magnesium play essential roles in maintaining bone mineralization.* Zinc is essential for cell division and growth.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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