

5 Billion Probiotics Per Serving

Enhanced with the beneficial probiotic *Bacillus coagulans* unique IS-2 to support optimal digestive health*

PREMIUM SUPERFOODS CONSCIOUS SOURCING

Add to Water, Tea, Coffee, Coconut Water, Juice Shakes & Smoothies Oatmeal and Cereal Soups & Salads Dressings and More

Organic traditions®

PROBIOTIC FIBER BLEND WITH TURMERIC

PROVIDES 6G OF FIBER AND 573MG OF OMEGA 3 FATTY ACIDS PER SERVING
SUPPORT FOR OCCASIONAL CONSTIPATION*
SUPPORTS OPTIMAL DIGESTIVE HEALTH*
PROMOTES HUNGER CONTROL*

COLD MILLED CHIA
COLD MILLED FLAX
ACACIA GUM • BAOBAB FRUIT
APPLE PEEL • CRANBERRY SEED
PRICKLY PEAR FRUIT • NOPAL CACTUS
PROBIOTICS • TURMERIC

Pre + Probiotics = Symbiotics
A Symbiotic Superfood Blend with both Prebiotic Acacia and *Bacillus coagulans* unique IS-2

DIETARY SUPPLEMENT
NET WT. 7 oz (200 g)



VEGAN • PALEO • GLUTEN FREE

23 grams of Fresh Turmeric in 1 Serving

Enhanced with supercritical plus hydroethanolic dual extracted Turmeric root, one of the world's most revered herbs for optimal benefits.



Boost your nutrition at every meal. Tastes great in both sweet and savory dishes.

BREAKFAST: Add to water, coconut water, your favorite juice, coffee, tea, smoothies, shakes, yogurt, hot or cold cereal, oatmeal, porridge, granola, berries, pancakes, muffins, scrambled eggs, omelettes and more.



LUNCH & DINNER: Add to salads, salad dressings, soups, stir-fry, sandwiches, wraps, dips, guacamole, hummus, quinoa, rice and pasta dishes, bean salads, casseroles, stuffing, curry, baked potatoes, all desserts: puddings, apple sauce, baked goods, raw superfood trifles and more.

Supplement Facts

Serving Size 10 g (1 heaping tbsp.)
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	40	^
Calories from Fat	10	^
Total Fat	1g	2%*
Polyunsaturated	1g	^
Sodium	30mg	1%
Potassium	40mg	1%
Total Carbohydrate	6g	2%*
Fiber	6g	24%*
Protein	1g	^
Vitamin C	2.06mg	4%
Calcium	40.6mg	4%
Thiamine	0.015mg	2%
Magnesium	20.5mg	6%
Selenium	1.69µg	2%
Copper	0.048mg	2%
Manganese	0.073mg	4%
Omega-3 Fatty Acids	0.573g	^

* Percent Daily Values are based on a 2000 calorie diet
^ Daily Value (DV) not established



Ingredients:

Organic Cold Milled Chia Seeds, Organic Acacia Gum, Organic Coconut Palm Sugar, Organic Cold Milled Flax Seeds, Organic Apple Peel Powder, Organic Baobab Powder, Organic Cranberry Seed Powder, Monk Fruit Extract with Erythritol, Organic Nopal Cactus Leaf Powder, Organic Prickly Pear Fruit Extract, Organic Turmeric Powder Extract, Organic Vanilla Flavor, Organic Berry Flavor, *Bacillus coagulans* unique IS-2, Organic Salt. Produced in a facility that processes tree nuts. May contain tree nuts.

Caution: As with any dietary supplement, you should advise your healthcare practitioner of the use of the product. If you are nursing, pregnant, or considering pregnancy you should consult your healthcare practitioner prior to using this product. Dietary Supplements should not be a replacement for a varied and balanced diet, and a healthy lifestyle. Don't exceed the recommended daily usage limit out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

** Neo-Pure is a trademark of Apple New Inc., used under license.
Contains an oxygen absorber. Do not consume.
Store in a cool and dry place.
For optimal freshness, product may be refrigerated after opening.



Enhanced with the unique superfood Acacia Gum, the sap from Acacia trees with 90% soluble prebiotic fiber.

Beyond Raw Chia & Flax Better Safety Assured™

Organic Traditions raw seeds are treated with Neo-Pure™ food grade, certified organic sanitizer, to ensure better food safety without altering taste or texture.

PROBIOTIC FIBER BLEND WITH TURMERIC

Organic Traditions® Probiotic Fiber Blend with Turmeric is the ultimate nutrient-dense superfood fiber formula containing cold milled chia and flax seeds, acacia gum, baobab fruit, apple peel, cranberry seed powder, prickly pear fruit, nopal cactus leaf, turmeric powder extract as well as pre and probiotics. Chia and flax seeds are a source of fiber, vitamins, minerals, antioxidants and provide beneficial plant-based Omega-3. These mild, nutty seeds are a fast and simple way to enhance your daily diet with an extra boost of dense superfood nutrition. Acacia gum, the sap that exudes from the acacia tree, is a soluble fiber with high digestive tolerance.* With over 90% fiber, this probiotic promotes optimal digestive health by increasing beneficial gut flora and short chain fatty acids.* Additional superfoods such as baobab, cranberry, nopal cactus and apple peel powder make this the most unique synbiotic fiber formula. Apple peel powder has been shown to contain up to 6 times more antioxidants compared to the interior apple while prickly pear fruit contains betain antioxidants. Enjoy 5 billion beneficial probiotics per serving. The premium probiotic strain *Bacillus coagulans* unique IS-2 has excellent survivability, stability, safety and efficacy. It survives stomach acidity, does not require refrigeration and can be added to both hot or cold drinks and recipes. Mix up to 1 tablespoon (1-3 tsp.) into 8-16 oz. of water, juice, smoothies or any recipe that you want to boost with these fiber-rich superfoods.



Organic Nutrition From Around The World

At Organic Traditions we provide nutrient dense superfoods from many healing traditions. We are committed to supporting farmers who are dedicated to the principles of sustainable and fair trade agriculture. Now more than ever we need to nourish ourselves with superfoods, herbs, seeds and fruits packed with the nutrition needed to support the challenges that come with living in a fast paced world. Be adventurous. These superfoods are versatile. Incorporate them into recipes in any creative way you see fit. At every meal you have the opportunity to choose dense nutrition. Food is powerful. Make choices for a better you and a better planet.



Manufactured and Distributed by: Health Matters America Inc.

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