

ITEM #3830
B35859 20N



ACTUAL SIZE



Fish Oil 1000 mg

Provides 300 mg Omega-3

Promotes
Cardiovascular Health*

Purified to Eliminate Mercury

Dietary Supplement

50 RAPID RELEASE
SOFTGELS



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Fish Oil	1,000 mg (1 g)	***
provides 300 mg of		***
Total Omega-3 Fatty Acids†		
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Corn, No Grapefruit, No Shellfish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) softgel three times daily, preferably with meals.

Omega-3 Fish Oil contains EPA and DHA, two fatty acids that help support and maintain the health of your cardiovascular system.* Omega-3 fatty acids are "good" fats important for heart and metabolic health, and help maintain triglyceride levels already within a normal range.*

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Marine Lipid Concentrate.

Guaranteed Purity. Molecularly Distilled to remove Mercury.

Product of Peru



Manufactured by

Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA

800-544-0095 www.GOODNNATURAL.com

© 2014 Good 'N Natural Manufacturing Corp.