

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	1,000%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (as Niacinamide)	200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Calcium	60 mg	6%
Vitamin Co-Factor Blend	3 mg	**
Choline Bitartrate		**
PABA (Para-Aminobenzoic Acid)		**
Inositol		**

**Daily Value not established

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, FD&C Yellow No. 5 Lake, FD&C Yellow No. 6 Lake, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Sundown
Naturals

HIGH POTENCY

B SUPER MAXI COMPLEX

VEGETARIAN FORMULA
90 CAPLETS VITAMIN SUPPLEMENT

Smart Facts

Maxi-B® Super Complex is essential for well-being and provides distinct and valuable benefits to the body.* Sundown's high-potency complex of B vitamins is uniquely designed to promote energy production and healthy nerve function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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