

ITEM #3501
B3500 06E



Natural Whole Herb

Horsetail

Equisetum arvense

440 mg

**A Source of
Silica for Nails**

Dietary Supplement

100 CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Horsetail 440 mg	*
(<i>Equisetum arvense</i>) (aerial)	
(Contains Silica)	

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Cellulose, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) capsule three to six times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Horsetail is not connected in any way to horses. Horsetail is a natural source of silica, a substance found in nails.

Good 'N Natural's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Good 'N Natural's preservative-free gelatin capsules contain pure milled herb powder.

Good 'N Natural's Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Manufactured by

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ACTUAL SIZE