





## Muscle Cramps

Helps avoid muscle cramps by supporting healthy electrolyte balance in

the muscles.†

Gluten Free • Certified Vegan

NET 4.06 FL. OZ. (120 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 mL (0.4 tsp.) Servings per container 60

## **Amount Per Serving**

Magnesium (Concentrace\*) 36mg 9% Chloride (ConcenTrace®) 312mg Sodium (Utah Sea Minerals) 100mg Potassium (Pot. Chloride) 120mg

Sulfate (ConcenTrace®)

\* Daily Value (DV) not established.

Ingredients: Utah Sea Minerals™. ConcenTrace®, purified water, potassium chloride, citric acid. Allergen Info: contains no known allergens, GLUTEN FREE.

NO! Muscle Cramps is a unique complex containing pure, essential electrolytes your muscles need to stay properly hydrated.† There are many causes for acute muscle cramping, but dehydration is one of the most common. Proper hydration with water and key electrolytes like magnesium and potassium help keep electrolytes in the muscles so they stay healthy, balanced, and hydrated to help avoid muscle cramps, especially those that wake you up at night.1

Suggested Use: Add 2 mL (2 full droppers or about 32 drops) to 32 oz. of water (8 drops per 8 oz.; ½ tbsp. per gallon) and stir/shake well for best isotonic balance. Take serving up to 4 times per day if necessary, especially before bedtime. If desired, take serving size in as little as 4 oz. of water as a concentrated shot







<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

%DV



LOT#/BEST BY DATE

Trace Minerals Research P.O. Box 429 • Roy, Utah 84067 www.traceminerals.com (801) 731-6051









