

• **HEALTHY SLEEP[†]** • **RECOVERY[†]** • **STRENGTH[†]** • **ENDURANCE[†]** • **HEALTHY SLEEP[†]** • **RECOVERY[†]** • **STRENGTH[†]** • **ENDURANCE[†]**

TMRFIT SERIES

CLEAN



LIQUID ZINC MAGNESIUM ASPARTATE

NIGHTTIME RECOVERY WITH VITAMIN B6
SUPERCHARGED WITH CONCENTRACE®
NO ARTIFICIAL COLORS, FLAVORS, OR SWEETENERS



**HEALTHY
SLEEP[†]**



RECOVERY[†]



STRENGTH[†]



ENDURANCE[†]

NON-GMO

**NATURAL BERRY
FLAVOR**

liqui|mins™

30 FL OZ (887 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 tbsp. (30mL; 2 tbsp. = 1 capful)
Servings Per Container 30

Amount Per Serving		%DV
Calories	50	
Total Carbohydrate	11g	4%*
Sugars	0g	
Glycerol	11g	
Vitamin B6 (as Pyridoxine HCl)	11mg	550%
Magnesium (from Magnesium Aspartate, Magnesium Glycinate, Concentrace®)	450mg	113%
Zinc (as Zinc Aspartate)	30mg	200%

ConcenTrace® (Ionic Trace Minerals) 200mg **
A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Purified water, non-GMO vegetable glycerin, citric acid, natural berry flavor, stevia leaf extract, xanthan gum, potassium sorbate, potassium benzoate, **NON-GMO. CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**

ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

cGMP



Trace Minerals Research
P.O. Box 429 • Roy, Utah 84067
www.traceminerals.com
801-731-6051



†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

11g Total Carbs — 11g Glycerol = 0g Net Carbs

LIQUID ZINC MAGNESIUM ASPARTATE with ConcenTrace® helps support healthy sleep, recovery, strength, and endurance.[†] It's part of our **TMRFIT™ SERIES** of training products and has been carefully formulated for those who know why eating clean and supplementing clean is essential for peak training at any level. Whether you're a weekend warrior, training for a competitive sport, or simply working out at the gym, you can trust that all products in our **TMRFIT™ SERIES** are free of artificial sweeteners, colors, and flavors, and are non-GMO. Plus, each product is supercharged with over 72 electrolytes from ConcenTrace® to help support hydration and nutrient assimilation.[†]

HEALTHY SLEEP - Some of the most important recovery after intense exercise occurs during sleep. Magnesium's role in the body is to help relax the muscles, which is particularly important for deep sleep when muscle repair and recovery occurs.[†]

RECOVERY - When the body has healthy levels of zinc and magnesium it can properly rest, repair, and recover, which helps prevent prolonged exhaustion.[†]

STRENGTH - Studies have shown a correlation between healthy levels of zinc and magnesium to the body's ability to produce testosterone making these minerals essential for greater gains, and for anyone wanting to build muscle or burn fat.[†]

ENDURANCE - Maintaining healthy zinc levels in the body has been shown to support muscle endurance and healthy testosterone levels.[†]

Suggested Use: Shake well. Mix 2 tbsp. with 2-4 oz of water or take straight if desired. Take serving within an hour of bedtime. Rinse cap after each use. **Refrigerate after opening.**

r-M4Y15

Zinc-Mag-Aspartate 30oz



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LOT# / BEST BY DATE

OTHER TMRFIT PRODUCTS
PRE WORKOUT
POST WORKOUT