

 *Health through the power of nature,  
that's what it means to Trust the Leaf.®*



**Calcium & Magnesium** are essential for healthy bones, teeth and muscle function.\*

**Zinc** is essential for cellular reproduction, which is the process of growth and repair.\*

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Calcium, Magnesium & Zinc are carefully tested and produced to superior quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

LN41411.A01



\*This statement has not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

**Nature's  
Way**

QUALITY

# Calcium Mag & Zinc

## MINERAL COMPLEX



**BONES &  
MUSCLES\***

**250 Capsules / Certified Potency**

DIETARY SUPPLEMENT

**Recommendation:** Take 3 capsules twice daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 3 Capsules / Servings Per Container 83

| Amount Per Serving                                  |        | % DV |
|-----------------------------------------------------|--------|------|
| Calcium<br>(as calcium carbonate/citrate/malate)    | 500 mg | 50%  |
| Magnesium<br>(as magnesium oxide/citrate/aspartate) | 250 mg | 63%  |
| Zinc (as zinc bisglycinate chelate)                 | 15 mg  | 100% |

Daily Value (DV).

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

Contains no artificial preservatives, yeast, milk, lactose, wheat, sugar or soy.

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