



NaturalRest **PLUS+**

A natural nighttime relaxing formula
to support a restful night's sleep.

- Herbs • Enzymes • L-Theanine
 - GABA • Ionic Trace Minerals
- Certified Vegan • Gluten Free

60 tablets • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	%DV
Calories	5
Total Carbohydrate	1g 1%*
Magnesium (from ITM & Magnesium Citrate)	45mg 11%
Chloride (from ITM & Potassium Chloride)	185mg 5%
Sodium (from ITM, Sodium Citrate)	5mg <1%
Potassium (from Potassium Chloride & ITM)	55mg 2%
Herbal Blend	237mg †
Passionflower Herb, Valerian Root Extract, Black Cohosh Root, Chamomile Flower Extract, Kelp, Skullcap Herb, Wood Betony Herb, Hops Strobile, Capsicum Annuum Fruit, Alfalfa Leaf.	
Ionic Trace Minerals (ITM)	275mg †
A complex of over 72 naturally occurring ionic trace minerals.	
GABA (Gamma Amino Butyric Acid)	150mg †
L-Theanine (Gamma-Ethylamino-L-Glutamic Acid)	25mg †
Sulfate (from ITM)	10mg †
Enzyme Complex	13.4mg †
Amylase, Protease, Cellulase, Bromelain, Lipase.	
Boron (from Boron Citrate, ITM)	350mcg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, methocel cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide. **CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**
Plus over 72 naturally-occurring ionic trace minerals.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NaturalRest Plus provides a relaxing blend of all natural herbs, enzymes, and Ionic Trace Minerals to calm, nourish, and balance the nervous system for a better night's sleep.[†] Ionic Trace Minerals contains over 72 ionic, body balanced trace minerals that helps to supercharge the formula for maximum benefit.[†]

Suggested Use: Take 2 tablets 1 hour before bedtime for best results.

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r-M11Y15



NaturalRest Plus 60 tab



LOT#
BEST BY DATE