

SUGGESTED USE Consume one capsule daily with food or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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GINGER-450

PURE STANDARDIZED GINGER ROOT EXTRACT
SOOTHING RELIEF FOR JOINTS AND DIGESTION



DIETARY SUPPLEMENT

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360 Easy-to-Swallow Capsules

Andrew Lessman's GINGER-450 contains a pure standardized extract of the most important active components from **Ginger Root** in a small, easy-to-swallow capsule. For more than one thousand years throughout virtually all Asian cultures, **Ginger** has been employed as both an important spice and a crucial part of traditional medicine. It was among the first spices cultivated in the New World for both its rich flavor and its medicinal properties. It is not surprising to learn that **Ginger** is closely related to Turmeric, another popular Asian spice possessing powerful protective properties. Ginger has long been recommended as a natural means of calming an upset, sensitive or uneasy stomach. **Ginger's** soothing benefits have also been observed to extend to our joints and connective tissue. Standardized to deliver no less than 5% **Gingerols**, our **Ginger Extract** provides a rich source of protective compounds that offer extensive anti-aging and antioxidant protection. Unlike typical **Ginger** products found on store shelves that are really nothing more than some ordinary spice in a bottle, our **Ginger-450** is formulated to ensure the highest levels of the protective compounds you seek.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 360

Amount Per Serving	%DV
Ginger, extract/powder (root)	450 mg †
standardized to 5% gingerols / 1.5% volatile oil	

† Daily Value not established.

Other Ingredients: Gelatin capsule.