

ITEM #2812
B53837 13K



ACTUAL SIZE



Timed Release

B-100[®]

Ultra B-Complex

**Supports Energy Metabolism
and Nervous System Health***

Once Daily Formula

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
PABA (Para-Aminobenzoic Acid)	10 mg	**
Inositol	10 mg	**
Choline Bitartrate	10 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Vegetable Stearic Acid.
Contains <2% of: Magnesium Silicate, Medium Chain Triglycerides, Natural Palm Leaf Glaze, Polydextrose, Riboflavin (color), Silica, Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives, No Lactose, No Soy,
No Egg, No Grapefruit, No Fish, No Sugar,
No Starch, No Preservatives, No Artificial Flavor,
No Sodium.**

Directions: For adults, take one (1) tablet daily, preferably with a meal.

The Ultra Vitamin B-Complex is made up of several vitamins that work well together to support nervous system health and energy metabolism.* Each vitamin in this potent blend performs a unique role in promoting proper metabolic function.* Folic Acid is part of a triad of vitamins, along with vitamin B-6 and vitamin B-12, that support heart health.* B-100[®] Ultra B-Complex provides nourishment for the occasional stress of daily living.*

Specially formulated to provide a gradual release of B Vitamins over a prolonged period of time for maximum nutritional benefit.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by
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