

MRM's Veggie Protein is an all natural vegetarian super food complex designed to meet protein needs. Each ingredient was chosen for its ability to deliver maximum nutrient concentrations while providing a smooth pleasant taste. The Pro-Veggie Blend features a complete amino acid profile through a specific combination of pea protein isolate, organic hemp protein powder, organic brown rice protein concentrate, whole chia seed powder and flax seed powder. To assist with protein and fiber digestion, MRM has added a precise blend of digestive enzymes to minimize the occurrence and discomfort from gas and bloating.** Completing the formula, MRM's Veggie Protein includes a HIGH ORAC ANTIOXIDANT blend concentrated from 13 different Non-GMO fruits and vegetables. Research has proven that blueberries, cherries, bilberries, broccoli, spinach (to name a few) contain potent antioxidant nutrients to support optimal health and wellness.**

• *Easy-to-digest, energy-boosting protein source for vegans, athletes, healthy weight management or anyone seeking a high-quality protein source they can use every day*

• *Rich in omega 3-6-9 essential fatty acids, essential amino acids, digestive enzymes, vitamins, minerals, fiber and antioxidants*

• *Each serving provides the antioxidant protection from over 7 servings of fruits and vegetables - over 3000 ORAC units per serving*

• *A low glycemic load food, safe for those looking to support healthy blood glucose levels*

• *100% Natural, NO artificial colors, sweeteners, preservatives or flavors*

• *Does NOT contain peanut, tree nut, fish, shellfish, wheat, gluten or yeast*

** This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: (See Bottom)
Best if used by: (See Bottom)

09/09/11



100% ALL NATURAL

VEGGIE PROTEIN

• NO ARTIFICIAL FLAVORS OR SWEETENERS •

• OVER 3000 ORAC UNITS PER SERVING •

• GLUTEN FREE & VEGAN •

• NO PRESERVATIVES •

UNFLAVORED



Dietary Supplement



Net Weight: 19.8 Oz. (561g)

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Supplement Facts

Serving Size 1 Scoop (approx. 33 grams)
Servings Per Container 17

Amount Per Serving	% Daily Value*
Calories	140
Calories from Fat	30
Total Fat	3g 5%
Saturated Fat	0g 0%
Trans Fat	0g †
Cholesterol	0mg 0%
Sodium	210mg 9%
Potassium	50mg 1%
Total Carbohydrates	5.5g 2%
Dietary Fiber	4g 16%
Sugars	1.5g †
Protein	22g 44%
Omega 3 (from Hemp, Chia & Flax Powder)	740mg †
Omega 6 (from Hemp, Chia & Flax Powder)	360mg †
High ORAC Proprietary Fruit/Vegetable Blend	300mg †
Grass Seed & Skin Extract, Raspberry Extract, Raspberry Powder, Cranberry Powder, Peach Powder, Cherry Powder, Bilberry Extract, Strawberry Powder, Broccoli Extract, Spinach Powder, Tomato Powder, Carrot Powder, Onion Powder	
Omega 9 (from Hemp, Chia & Flax Powder)	220mg †

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Ingredients: Pro-Veggie Blend [Pea Protein Isolate, Organic Brown Rice Protein Concentrate, Organic Hemp Protein Powder, Flax Seed Powder, Chia Seed Powder & Enzymes (Alpha Galactosidase, Protease & 0, Protease 4.5, Peptidase & Bromelain)], and High ORAC Proprietary Fruit/Vegetable Blend.

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

This product is manufactured in a facility that produces other products and may contain trace amounts of milk, egg or soy.

Directions: Mix one level scoop with 8oz of water or your favorite beverage for a mouthwatering shake. Use one serving daily as a healthy supplement to your diet.

Typical Amino Acid Profile Per 33g Scoop

Alanine	1010mg
Arginine	1740mg
Aspartic Acid	2480mg
Cysteine	280mg
Glycine	980mg
Glutamic Acid	3750mg
Histidine	570mg
Isoleucine	1500mg
Leucine	470mg
Phenylalanine	1150mg
Proline	930mg
Serine	1150mg
Threonine	810mg
Tryptophan	340mg
Tyrosine	900mg
Valine	1710mg

• NO Aspartame, Acesulfame K or Sucralose

• ZERO Added Sugars



Formulated by & Manufactured for:
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