

ITEM #772
B770 09H



ACTUAL SIZE



B-100®

Ultra B-Complex

**Supports
Nervous System Health
and Energy Metabolism***

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Inositol	100 mg	**
PABA (Para-Aminobenzoic Acid)	100 mg	**
Choline Bitartrate	100 mg	**
Proprietary Blend (Parsley Leaves Powder, Rice Bran Defatted Powder, Watercress Leaves Powder, Alfalfa Leaves Powder, Soy Lecithin Granules)	5 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Fish, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) tablet daily, preferably with a meal.

B-100® Ultra B-Complex is an advanced nutritional vitamin B formula made up of several vitamins that work in synergy to support nervous system health and energy metabolism.* Each nutrient performs a unique role in maintaining proper metabolic functioning and is essential for well-being.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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