

ITEM #623
B620 08E



ACTUAL
SIZE



Sea Kelp

150 mcg of Natural Source Iodine

Promotes Thyroid Health*

Dietary Supplement

250 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
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Iodine	150 mcg	100%
(from Kelp)		

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Kelp is one of the best natural sources of the mineral iodine. Iodine is an essential component of the thyroid hormone, which plays a role in growth, development and metabolic rate.*

WARNING: If you are pregnant, nursing, taking any medications, have any medical or thyroid condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

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