

Manufactured for: EnergyFirst
1140 Highland Ave., Ste. 100
Manhattan Beach, CA 90266
www.energyfirst.com

The glucosamine, chondroitin and other ingredients found in this product are designed to help the body manufacture substances necessary for optimal joint health and help maintain healthy cartilage tissue.[†]

Do not use if tamper evident seal around bottle is broken or missing.

To report a serious adverse event, call 1-888-710-0006





ENERGYFIRST

GLUCOSAMINE

COMPLEX

**Promotes Natural
Cartilage Regeneration
& Healthy Joints[†]**

DIETARY SUPPLEMENT 150 TABLETS

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 50

Amount Per Serving	% Daily Value	
Calories 15		
Total Carbohydrate	3 g	1%*
Protein	1 g	2%*
Vitamin C (as calcium ascorbate)	300 mg	500%
Calcium (as calcium ascorbate)	36 mg	4%
Manganese (as manganese glycinate chelate ¹)	3 mg	150%
Sodium ²	130 mg	5%
Chondroitin Sulfate	(1500 mg) 1.5 g	**
Glucosamine Sulfate (from crab)	(1500 mg) 1.5 g	**

* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.

¹ Fully reacted chelates, Albion process patent No. 4,599,152 Chelazomes.

² Naturally occurring; therefore amount may vary.

OTHER INGREDIENTS: CELLULOSE, STEARIC ACID (VEGETABLE SOURCE), SILICA, GLYCERIN.

SUGGESTED USE: Take three tablets daily, preferably at mealtime.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, or fish.

This formula includes an equal blend of glucosamine and chondroitin sulfates with vitamin C and manganese.

To assure freshness and potency, store at room temperature 15° - 30° C (59° - 86° F). Store away from heat, light and moisture.

Pregnant or lactating women should consult their health care professional before using this product. Diabetics, use only under a physician's supervision.

Glucosamine Chondroitin Complete® is a registered trademark of NexGen Pharma.

Keep out of reach of children. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA 

VL 001-150H