

Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200765

B-Complex with Metafolin® and Intrinsic Factor

A Dietary Supplement



60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Servings Per Container 60

Amount Per Serving	%DV
Thiamine (Vitamin B-1, as Thiamine HCl)50 mg	3,333%
Riboflavin 20 mg	1,176%
(Vitamin B-2, Riboflavin-5-Phosphate)	
Niacin (Vitamin B-3, as Niacinamide)50 mg	250%
Vitamin B-6 (as Pyridoxal-5-Phosphate)..... 20 mg	1,000%
Folate (as L-methylfolate, Metafolin®)..... 400 mcg	100%
Vitamin B-12 (as methylcobalamin) 500 mcg	8,333%
Biotin 300 mcg	100%
Pantothenic Acid50 mg	500%
(Vitamin B-5, as d-calcium pantothenate)	
Intrinsic Factor (from porcine)..... 20 mg	*

*Daily Value not established

Other ingredients: Cellulose and vegetable stearate