

ITEM #1603
B1602 111



ACTUAL SIZE



Easy Iron

Iron Glycinate

28 mg

with Folic Acid, Vitamin B-12
and Vitamin C

Promotes Iron Rich Blood*
Supports Energy Metabolism*

Dietary Supplement

90 CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	60 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	133%
Iron (as Ferrous Bis-Glycinate)	28 mg	156%

Other Ingredients: Vegetable Cellulose, Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) capsule daily, preferably with a meal.

Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.* It is also important for energy metabolism.* Easy Iron contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Manufactured by
Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA
800-544-0095 www.GOODNNATURAL.com
© 2015 Good 'N Natural Manufacturing Corp.