

**DIRECTIONS: FOR ADULTS, TAKE THREE (3) TABLETS DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	<1 g	3%**
Vitamin C (as Ascorbic Acid)	60 mg	100%
Manganese (as Manganese Sulfate)	5 mg	250%
Sodium	10 mg	<1%
Glucosamine Sulfate • 2KCl	1,500 mg (1.5 g)	***
MSM (Methylsulfonylmethane) (340 mg Organic Sulfur)	1,000 mg (1 g)	***
Ginger Extract ( <i>Zingiber officinale</i> ) (root) (Standardized to contain 5% Gingerols, 5 mg)	100 mg	***
White Willow ( <i>Salix alba</i> ) (bark)	100 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.  
Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

**Sundown**  
*Naturals*®

# Glucosamine 1500 and MSM 1000 MG COMPLEX PER SERVING

## Promotes Joint Health\*

90 TABLETS    DIETARY SUPPLEMENT

### Smart Facts

This product is a combination of joint health ingredients that are popular for their supportive abilities.\* Glucosamine with MSM promotes healthy, flexible joints.\* It promotes long term joint flexibility, comfort and range of motion to support the health of joints and cartilage over time.\* Ginger and White Willow provide natural herbal support to this unique formula.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE  
IN A DRY PLACE AND AVOID EXCESSIVE  
HEAT. TAMPER RESISTANT: DO NOT USE IF  
SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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