

WHEY 44™ CONCENTRATE & ISOLATE PROTEIN BLEND

If you are an athlete or want to look like one, Whey 44™ is very important to you. If you are trying to lose weight, maintain your heart health or achieve lean bodybuilder-style definition, Whey 44 will help you achieve your goals.

Whey 44 is low in fat and is designed for fast absorption for maximum recovery and muscle tone. Whey 44 is a truly amazing supplement, because not only has it been proven to help you build muscle, improve physical performance, sharpen your mind, enhance circulatory system function, but it also has potent anti-aging effects. In its composition, WHEY 44 protein contains BCAAs (branch chain amino acids) in high amount. These BCAAs have advantages over the other amino acids when it comes to increasing muscle size, as they are taken up directly by the skeletal muscle when exercising. This makes BCAAs become effective source of amino acids for muscle building block, benefiting those who do strength training in order to increase the muscle size.

Athletes can benefit from WHEY 44, which is rich in BCAAs that will enhance post-exercise recovery and delayed fatigue. BCAAs can decrease muscle protein degradation during exercise, and as a result, the fatigue will be delayed. The recovery post-exercise property that BCAAs have is due to their ability to stimulate the body to synthesis amino acid alanine, which later can be converted to glucose in the liver. The glucose produce, in turn, will be converted to energy. Also Whey 44 high BCAAs formula sustains production of glutathione which is extremely important for maintaining intracellular health.*



MADE IN USA



DIRECTIONS: For adults under 160 lb., take one (1) scoop (40 g), one to two times daily. Serious athletes, or adults over 160 lb., should consume 2 scoops twice per day for maximum muscle support, with at least 2 scoops taken immediately after exercise for faster recovery and muscle feeding.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. To support muscle mass, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.* Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.*

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT. DO NOT USE IF SEAL UNDER CAP IS DAMAGED OR MISSING.

CONTAINS LESS THAN 1 GRAM OF MALTODextrin PER SERVING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



WHEY

PROTEIN 44™

CONCENTRATE & ISOLATE BLEND*

LOADED WITH GLUTAMINE*

DIGESTIVE ENZYMES*

BCAA'S	PROTEIN	CARBS	SERVINGS
5g	22g	3g	24

CHOCOLATE

Naturally & Artificially Flavored

SUPPLEMENT FACTS

Serving Size: 1 Scoop (37.7 g)
Servings Per Container: Approx. 24

Amount Per Serving		% Daily Value*
Calories	130	
Calories from Fat	20	
Total Fat	2 g	3 %
Saturated Fat	1 g	5 %
Trans Fat	0 g	
Cholesterol	45 mg	15 %
Sodium	110 mg	3 %
Potassium	100 mg	4 %
Total Carbohydrate	3 g	3 %
Dietary Fiber	0 g	0 %
Sugar	2 g	**
Protein	22 g	45 %
Calcium	140 mg	25 %
Iron	0.2 mg	1 %
Phosphorus	45 mg	5 %

*Percent Daily Values are based on a 2000 Calorie Diet. **Daily Value not established.

Ingredients: Protein Blend (Whey Protein Concentrate (milk), Whey Protein Isolate (milk), Natural & Artificial Cocoa Powder Flavors, Maltodextrin, L-Taurine, L-Glycine, L-Glutamine, Sugar Gum, Xanthan Gum, Lecithin (soy), Acesulfame Potassium, Sucralose, Enzyme Blend.

TYPICAL AMINO ACID PROFILE PER SERVING:

BCAA's	Glutamic Acid	Alanine	Proline	Tyrosine
Leucine 2.4 g	Glycine 0.5 g	Lysine 2.1 g	Serine 1.0 g	Aspartic Acid 2.4 g
Isoleucine 1.3 g	Histidine 0.5 g	Methionine 0.4 g	Threonine 1.0 g	Cysteine 0.5 g
Valine 1.3 g	Arginine 0.5 g	Phenylalanine 0.2 g	Tryptophan 0.5 g	

Manufactured For: Human Evolution Supplements
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SERVING SUGGESTIONS

Blender

Add 1 scoop of WHEY 44™ Protein to 6 - 12 oz of your favorite beverage or water. Cover and blend for 20-30 seconds. For great taste add Peanut Butter, Fruit, or Yogurt and Ice.

Shaker

Fill a shaker bottle with 6 - 12 ounces of your favorite beverage or water. Add one scoop of WHEY 44™ Protein. Cover and shake for 25-30 seconds.

Mass & Weight

Add calories to your shake like: Peanut Butter, 1-2% Milk, or Fruit Juices of your choice for Lean Muscle Gain.