

PLASMA BLAST® MUSCLE BUILDER FORMULA

PLASMA BLAST® AS A PRE-WORKOUT: May help to bring nutrients and keep your muscle cells full and hydrated throughout your workout.

PLASMA BLAST® AS A INTRA-WORKOUT: May help to bring back nutrients to your muscles and keep hydration, to avoid energy crash and depletion, during the workout and may help to avoid hunger during training.

PLASMA BLAST® AS A POST-WORKOUT: May help to bring back all the nutrients, carbohydrates and electrolytes to improve hydration creating an Insulin Spike, promoting a fantastic pump with Human Evolution Supplements Trademarked Pump Matrix NITROCHAIN™. Plasma Blast may help to increase muscle size and recovery.

NITROCHAIN™ is a blend, Human Evolution Supplements designed to help your body magnify blood flow, and may help push faster all the nutrients into your muscles, at the same time it may help flush out all the toxins held in your body after a hard workout to help promote sustained pumps for up to 6 hours and vascularity for faster recovery.

PLASMA BLAST® FOR A 3D LOOK: Take 3 to 5 scoops with 6 to 12 oz. of water 30 minutes before you go on the Stage, Prejudging and Finals.

PLASMA BLAST® NITROCHAIN™ MAIN INGREDIENTS

- Creatine Gluconate is a highly effective and safer form of Creatine which has been bonded with glucose for a built-in delivery system that reduces bloating and gastric distress commonly associated with its various other forms.
- Citrulline malate is the amino acid citrulline attached to a molecule of malic acid (malate). May help exercise performance and Nitric Oxide levels.
- Glycerol Monostearate Consuming glycerol before a workout may help to boost your ability to retain intra-muscular fluid for a fabulous PUMP.
- L-Arginine may act as fantastic PUMP agent that may help to: Speed Recovery, Regulate Healthy Kidney Function, Support Healthy Immune and Hormone Function, Regulate Blood Pressure, Regulate Cholesterol Levels, Regulate Blood Flow, Support Healthy Artery Function, Help Sexual Health Support, Improves Energy Levels, Supports Healthy Muscle Development.

DIRECTIONS: As a dietary supplement, take 1 to 5 scoops before, during or after your workout, mixed up with 6-12 ounces of water.

WARNING: This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use this product if you are pregnant or nursing. Before using this product consult with your physician if you are using any prescription or over-the-counter medication or supplements. Do not take this product if you are at risk or are being treated for any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking an MAO inhibitor. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Keep out of reach of children.



PLASMA BLAST®

BCAA 8:1:1

POST-WORKOUT PUMP*
HELPS REDUCE LACTIC ACID BUILDUP*
NITROCHAIN™ NO-PUMP*

CHAIN REACTION*
FEEDING SYSTEM

BCAA 8:1:1
2g

NITROCHAIN™
PUMP MATRIX
5.5g

NO
BLOATING

ELECTROLYTE
MATRIX
1g

CARB
MATRIX
25g

* Amount Per Serving.

FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET. WT. 3 lb / 1.39 kg



SUPPLEMENT FACTS

Serving Size: 1 Scoop (33 g)

Servings Per Container: Approx. 41

Amount Per Serving		% Daily Value
Calories	125	
Calories from Fat	9	
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Cholesterol	10 mg	3%
Sodium	60 mg	3%
Total Carbohydrate	25 g	8%
Sugar	0 g	0%
Potassium	130 mg	4%
Protein	4 g	8%
NitroChain™ (Human Pump Matrix)		
Creatine Gluconate	1000 mg	**
Citrulline Malate	1500 mg	**
Glycerol Monostearate	1500 mg	**
L-Arginine	500 mg	**
Electrolyte Blend (Sodium Chloride, Monopotassium Phosphate, Magnesium Citrate & Dicalcium Phosphate)	1000 mg	**
BCAA 8:1:1 (Leucine, Isoleucine & Valine)		
L-Leucine	1600 mg	**
L-Isoleucine	200 mg	**
L-Valine	200 mg	**
Carbohydrate Matrix:	25000 mg	**
High Molecular Weight Long Chain Waxy Maltose Starch, Whey Protein Concentrate, Maltodextrin & High Branched Cyclic Dextrin		

*Percent Daily Values are based on a 2000 Calorie Diet. **Daily Value not established.

OTHER INGREDIENTS: Sucralose, Citric Acid, Silica, Beet Root Powder, & Natural & Artificial Flavors.

Manufactured For:
HUMAN EVOLUTION
SUPPLEMENTS
440 Hollywood Blvd,
Suite 415 Hollywood,
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Allergen Warning:
Manufactured on equipment
which processes products
con-taining milk, egg, soy
beans, fish oil, tree nuts and
peanut flavor.

*These statements have not
been evaluated by the Food
and Drug Administration.
This product is not intended
to diagnose, treat, cure or
prevent any disease.

