NOTICE: This product contains Aloe ferox, Aloe barbadensis, Buckthorn, and Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe, Buckthorn, and Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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Questions? 1-800-9NATURE / naturesway.com







DIFTARY SUPPLEMENT

Recommendation: Take at bedtime as needed with a full glass of water. Adults & children age 15 years and over: Take 1 capsule. Do not take more than 1 capsule in a 24-hour period. Not recommended for children under 15 years of age. Do not take for more than 1 week as frequent or prolonged use may result in dependence.

Caution: Do not use when nausea or vomiting are present unless directed by a doctor. Consult a doctor if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a doctor.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

445 ma

Proprietary Blend
Buckthorn (bark), Aloe ferox (latex),
Aloe barbadensis (leaf), Cascara

Sagrada Extract (bark), Fennel (seed)

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (modified cellulose), cellulose, magnesium stearate