

ITEM #1403
B1400 11H



Folic Acid

400 mcg

**Promotes
Cardiovascular Health***

Dietary Supplement

250 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Folic Acid	400 mcg 100%

Other Ingredients: Vegetable Cellulose, Calcium Carbonate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) tablet up to two times daily, preferably with meals. Do not exceed recommended daily dose.

Folic Acid is an essential B Vitamin that supports cardiovascular wellness.* In addition, healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord birth defect. Folate intake should not exceed 1000 mcg.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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