

ITEM #1380
B1380 10H



ACTUAL
SIZE



Vitamin B-12

1000 mcg

**Supports Energy Metabolism
and Nervous System Health***

Once Daily Formula

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin B-12 1,000 mcg (1mg) (as Cyanocobalamin)	16,667%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Natural Palm Leaf Glaze, Silica, Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Grapefruit, No Fish, No Sugar,
No Starch, No Preservatives,
No Artificial Color,
No Artificial Flavor, No Sodium.**

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Vitamin B-12 is essential for the normal formation of blood cells and contributes to the health of the nervous system.* In addition, this vitamin plays a role in energy metabolism in the body.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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