

Conjugated linoleic acid (CLA) is an essential fatty acid that can not be made by the body and is important for good health.[†] We get small amounts of it from the food we eat, but good sources are limited. Research has shown CLA to be beneficial in supporting a healthy body weight and promoting lean muscle mass, with even greater improvements in individuals who combine exercise with regular CLA intake.[†] The typical dosage used in clinical studies is 3-6 grams per day.[†]

To report a serious adverse event, call 1-888-710-0006





Supports Lean Muscle Mass[†]

DIETARY SUPPLEMENT 90 SOFTGELS

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value
Safflower Seed oil (<i>Carthamus tinctorius</i>) standardized to contain minimum 80% CLA (Conjugated Linoleic Acid)	
1000 mg	*

* Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN), SODIUM COPPER CHLOROPHYLLIN, GLYCERIN.

Manufactured for: EnergyFirst
1140 Highland Ave., Ste. 100
Manhattan Beach, CA 90266
www.energyfirst.com

SUGGESTED USE: Take one softgel 3-4 times daily.

CONTAINS NO Artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Keep out of reach of children.
Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA 

VVL 463-90A