

CoQ10 (also known as ubiquinone) is found in the mitochondria of every cell and in high concentrations in heart tissue. It helps maintain cardiovascular health and promotes vitality and energy.[†] Since CoQ10 is a fat-soluble nutrient, it is best absorbed when combined with a small amount of fat. Therefore, we added oil to our **CoQ10** before encapsulation, eliminating the need to take with food containing fat. Our CoQ10 contains no artificial emulsifiers, therefore, you may notice a normal separation, which does not affect potency.

To report a serious adverse event,
call 1-888-710-0006



**Supports Cellular
Energy Production[†]**

**DIETARY
SUPPLEMENT**

60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

Amount Per Serving	% Daily Value
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CoEnzyme Q10	100 mg *
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* Daily Value not established.

OTHER INGREDIENTS: CAPSULE (GELATIN),
SAFFLOWER OIL, BEESWAX, SOY LECITHIN, GLYCERIN,
PURIFIED WATER.

Manufactured for: EnergyFirst
1140 Highland Ave., Ste. 100
Manhattan Beach, CA 90266
www.energyfirst.com

SUGGESTED USE: Take one softgel daily with food.

CONTAINS NO artificial colors, flavors or
preservatives; no wheat, gluten, milk, eggs,
peanuts, tree nuts, crustacean shellfish or fish.

Keep out of reach of children. Store in a cool,
dry place. Do not use this product if the safety
seal on the bottle is broken.

[†] This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

Made in the **USA**

VVL 198-60H