

Resveratrol is a natural plant compound from the polyphenol family, found in grapes and grape juice, red wine, peanuts and the Japanese knotweed plant. Studied for its health benefits and relationship to cell lifespan and heart health, it is the compound believed to be responsible for the "French Paradox" (the theory that frequent red wine consumption may explain the low rate of heart disease among the French, who typically consume a high fat diet). Resveratrol given to other living organisms has resulted in an increase in their lifespan.[†]

Our **Resveratrol 150 mg** provides a significant amount of trans-resveratrol, which may be a more bioavailable form of the compound. It also includes natural Red Wine Extracts from grapes, a source of several beneficial polyphenol compounds. *À votre santé!*[†]

To report a serious adverse event,
call 1-888-710-0006



**A Powerful
Antioxidant[†]**

DIETARY
SUPPLEMENT

60 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value
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Japanese knotweed (<i>Polygonum cuspidatum</i>) (Providing 150 mg trans-resveratrol)	300 mg *
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Red Wine Extract (<i>Vitis vinifera</i> L.)	25 mg *
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*Daily Value not established.

OTHER INGREDIENTS: VEGETARIAN CAPSULE (CELLULOSE),
CELLULOSE, MAGNESIUM STEARATE, SILICA.

Manufactured for: EnergyFirst
1140 Highland Ave., Ste. 100
Manhattan Beach, CA 90266
www.energyfirst.com

SUGGESTED USE: Take one capsule daily, with or without meals, or as directed by your healthcare practitioner.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Keep out of reach of children. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the **USA**

VL 171-60F