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As an adult dietary supplement, mix one heaping scoop (30.5 grams) with 12 to 16 ounces of water 30 to 60 minutes prior to exercise/athletic event. For advanced athletes, a second serving may be taken immediately following the event. On non-workout days, take one heaping scoop immediately upon waking.

proven putrients designed to enhance endurance, improve recovery, and subsequently allow the body to perform at its best. The challenge posed for every athlete is trying to decide amongst all of the over-priced hype what is the optimal nutritional blend to consume prior, during, and/or after an athletic event. Is it the sugar laden "sports" beverages that you see professional athletes endorse?...No!!! It is in seeking the answer to that extremely important question that SOLATION in the second of the construction of the second of the construction of the second of the sec

It is a meticulous combination of a patent pending homopolysaccharide CARBO\_LYN\_", which is a newly developed rapid absorbing sugar free carbohydrate, within an it catabolic time tested nutritional array. SHOOKLAYE is absorbed more effectively than mathodaxim, dexirose, nice, pasta, or any other carbohydrate on the market. Each impressive serving of SHOOKLAYE is provides, the patented pholainace 100% absorbable Kre-Alkalyno. Kre-Alkalyno is the most successful product in SHAIRSO history and is exceptional for improving strength and endurance! To further enhance endurance during training and recovery post-training. SHOOKLAYE has a powerful precise anti-catabolic blend of patented HMB, Glutaming. BCAA's, Beta-Alanine, and L-Histidine. To assist the body in dealing with inflammation caused during training and to gard connective tissue support. SHOOKLAYE has a high dose of Glucosamine Suffate coupled with the powerful Antioxidant NAC (N-AcetylCysteine). SHOOKLAYE has a high dose of Glucosamine Suffate coupled with the powerful Antioxidant NAC (N-AcetylCysteine). SHOOKLAYE womanine Suffate coupled with the powerful Antioxidant NAC (N-AcetylCysteine). SHOOKLAYE womanine Suffate provides the state of t

achieving our goals!\*

## "This statement has not been evaluate by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN

Do not take if pregnant or lactating, if you are on any prescription medication or under a physicians care, consult with your physician before taking this product some with a high sensitivity to best Anaine may experience a tingling sensation and a flushing of the skin. If this occurs, stop taking the product.



