

Manufactured for: EnergyFirst  
1140 Highland Ave., Ste. 100  
Manhattan Beach, CA 90266  
www.energyfirst.com

Research shows that one of the leading causes of eye deterioration as we age is nutrition. Lutein and the other important nutrients found in our **Visucare Complete** have been shown to help protect the eyes from fatty deposits and damaging light rays which may compromise vision.<sup>†</sup>

To report a serious adverse event,  
call 1-888-710-0006



ENERGYFIRST

**VISUCARE™**  
**COMPLETE**

**Advanced Eye Formula  
with Lutein**

**DIETARY  
SUPPLEMENT**

**60 CAPSULES**

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

| Amount Per Serving                                                                                                                       | % Daily Value  |
|------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Vitamin A (from beta-carotene) .....                                                                                                     | 10,000 IU 200% |
| Vitamin C (from ascorbic acid) .....                                                                                                     | 200 mg 333%    |
| Vitamin E (from d-alpha tocopheryl succinate).....                                                                                       | 200 IU 667%    |
| Riboflavin .....                                                                                                                         | 25 mg 1471%    |
| Zinc (from zinc picolinate) <sup>1</sup> .....                                                                                           | 12.5 mg 83%    |
| Selenium (from selenomethionine).....                                                                                                    | 50 mcg 71%     |
| Chromium (from chromium chloride) .....                                                                                                  | 100 mcg 83%    |
| Lutein** .....                                                                                                                           | 10,000 mcg *   |
| Citrus Bioflavonoids Complex.....                                                                                                        | 125 mg *       |
| [containing 50% total bioflavonoids consisting of flavanones (hesperidin, eriocitrin, naringin, and naringenin), flavonols and flavones] |                |
| N-Acetyl L-Cysteine (NAC) <sup>2</sup> .....                                                                                             | 100 mg *       |
| Taurine .....                                                                                                                            | 50 mg *        |
| Quercetin .....                                                                                                                          | 50 mg *        |
| Rutin.....                                                                                                                               | 50 mg *        |
| Bilberry Extract (fruit)<br>(standardized for 25% anthocyanidins) .....                                                                  | 5 mg *         |
| L-Glutathione.....                                                                                                                       | 5 mg *         |

\* Daily Value not established.

**OTHER INGREDIENTS:**CAPSULE (GELATIN), CELLULOSE, SILICA, CALCIUM STEARATE (VEGETABLE SOURCE), MEDIUM CHAIN TRIGLYCERIDES.

**SUGGESTED USE:** Take two capsules twice daily, preferably with morning and evening meals.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.



FloraGLO® is a registered trademark of Kemin.

\*\* Licensed under U.S. Patents 5,382,714 and 5,648,564.

1 Zinc Picolinate is a chelated form of zinc that provides superior absorption and bioavailability.

2 N-Acetyl-Cysteine is a precursor of glutathione in the body.

**Keep out of reach of children.** Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA

VVL 002-60F