

SUGGESTED USE Consume one or two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.800.1200.**

Note: This product has a slight natural odor from its cruciferous vegetable extracts.

UNSURPASSED.

Purity. Quality. Integrity. Effectiveness.



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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430 Parkson Road
Henderson, NV 89011

NATURAL HORMONE BALANCE

ULTIMATE WOMEN'S WELLNESS™

NATURALLY RELIEVES SYMPTOMS OF
MENOPAUSE • PERIMENOPAUSE • PMS



DIETARY SUPPLEMENT

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360 Easy-to-Swallow Capsules

Andrew Lessman's ULTIMATE WOMEN'S WELLNESS is our most comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from Soy (*Genistein and Daidzein*). Research has shown that these natural isoflavones can help diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only Soy isoflavones have also been consistently shown to support bone and heart health. For centuries, Soy has been a staple food in the healthy Asian diet and **Ultimate Women's Wellness** is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 400 IU of *Vitamin D3* and 100 mg of *Calcium* because of their critical roles in women's health, along with our special extract of *Green Tea* – Asia's traditional beverage. Our *Green Tea* extract is standardized to provide 125 mg of *EGCG*, which is now viewed as the molecule responsible for *Green Tea's* many health benefits. We also include 75 mg of our *Broccoli* extract standardized for high levels of *Sulforaphane*, which is now considered to be *Broccoli's* key beneficial molecule. Additionally, we add 75 mg of *Indole-3-Carbinol*, also found in healthy cruciferous vegetables, which has been shown to support normal estrogen activity and metabolism in breast tissue. We also include 250 mg of our special *Cranberry* concentrate, providing powerful support to a woman's urinary tract. Also included are high levels of *Lutein*, *Lycopene* and *Zeaxanthin*, because these powerful anti-oxidants are so important to the health of female tissues, while also lacking from our diet and most supplements. We also include high levels of our *B-Complex Vitamins*, including our uniquely protected and absorbable *B12*. All of these specialized ingredients make **Ultimate Women's Wellness** our most comprehensive choice for hormonal balance and wellness throughout all stages of life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 180

Amount Per Serving		%DV*
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as calcium carbonate)	100 mg	10%
Soybean, extract (ultra-concentrate) standardized to 40% isoflavones	175 mg	†
Total Isoflavones	70 mg	†
Genistein	33 mg	
Daidzein	30 mg	
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg	†
Epigallocatechin Gallate (EGCG) from standardized Green Tea Leaf extract	125 mg	†
Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate	250 mg	†
Indole-3-Carbinol	75 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	75 mg	†
Lutein	2 mg	†
Lycopene	1 mg	†
Zeaxanthin	250 mcg	†

* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.