



# calcium citrate

well absorbed form of  
chelated calcium

300mg

mineral  
100 tablets  
dietary supplement

bones ✓  
teeth ✓

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size



## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate and dicalcium phosphate)	300 mg	30%

**Other ingredients:** Microcrystalline cellulose, stearic acid, crospovidone, magnesium stearate, glycerin, hypromellose.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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**DIRECTIONS:** As a dietary supplement, take one (1) tablet up to four (4) times daily, preferably with meals.

A source of calcium 100% from citrate and dicalcium phosphate, forms highly utilized by the body. Four tablets provide more than 100% of the Daily Value for calcium to help maintain bones and teeth.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.



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