

ITEM #300
B300 10J



Ultra Soya Lecithin 1200 mg

Supports Nervous System Health*
Promotes Heart Health*

Dietary Supplement

100 RAPID RELEASE
SOFTGELS



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 1%**
Soya Lecithin	1,200 mg (1.2 g) ***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Ingredients: Soy Lecithin, Gelatin, Vegetable Glycerin.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Corn, No Grapefruit, No Fish,
No Sweetener, No Sugar, No Starch, No Preservatives,
No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) softgel five times daily, preferably with meals.

Lecithin is an important natural source of choline, inositol and linoleic acid. Choline and Inositol are vital components of cell membranes, and play a beneficial role in promoting the health of the nervous system and heart.*

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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ACTUAL SIZE