

SUGGESTED USE: Take 1 capsule 3 times daily with protein containing meals.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.

Intended for use in healthy adults and as part of a healthy, balanced diet and exercise program.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

TRUE STRENGTH®
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FPO UPC



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V.1.313.0115US
6031434



HMB
1000 CAPS

1g
CALCIUM HMB
MONOHYDRATE

90
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving

Calcium beta-Hydroxy beta-Methylbutyrate Monohydrate	1 g*
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* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Magnesium Stearate.

MANUFACTURED BY **ON**® 3500 Lacey Road, Suite 1200,
OPTIMUM NUTRITION, INC. Downers Grove, IL 60515

Nutritional uses of β -Hydroxy β -Methylbutyrate
~~HMB~~ are licensed under patent no. 6,103,764. Use
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Technologies.

STORE IN A COOL, DRY PLACE.

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