

ITEM #30
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Natural Whole Herb

Wild Yam Root

405 mg

A Popular Herb for Women

Dietary Supplement

100 CAPSULES



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	%Daily Value
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Wild Yam	810 mg *
<i>(Dioscorea villosa)</i> (root)	

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Directions: For adults, take two (2) capsules daily, preferably with a meal. Capsules may be opened and prepared as a tea.

Wild Yam has been known for centuries as a popular herb for women. Wild Yam contains natural compounds and is used by women around the world.

Good 'N Natural's Guarantee: We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Good 'N Natural's preservative-free gelatin capsules contain milled whole herb powder.

Good 'N Natural's Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature.

Manufactured by

Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA

800-544-0095 www.GOODNNATURAL.com

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ACTUAL SIZE