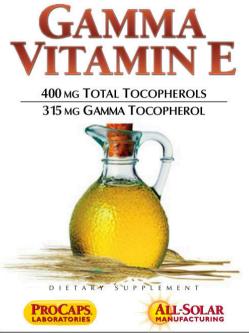
SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle. along with one of ANDREW LESSMAN'S multi-vitamin-mineral formulas. For answers to questions about the use of this product, call 800.808.7311.





360 Easy-to-Swallow Capsules

Andrew Lessman's GAMMA VITAMIN E is a unique, high potency Vitamin E formula focusing on the most protective form of Vitamin E - Gamma Tocopherol. It is all natural and far different from Vitamin E formulas found in stores, because it contains the most beneficial form of Vitamin E and also includes all four naturallyoccurring tocopherols. For decades, Vitamin E has been among the most popular formulas to compensate for the low levels of Vitamin E in the typical American diet. Unfortunately, typical Vitamin E supplements only make matters worse, since they contain less active and synthetic forms of Vitamin E. Gamma Tocopherol is the most protective form of Vitamin E in nature, yet is absent from typical store-bought Vitamin E formulas. The unfortunate result is that most Americans unwittingly consume Vitamin E supplements that bear no resemblance to the Vitamin E

in food. Our Gamma Vitamin E, on the Supplement Facts four natural Tocopherols (Alpha, Beta, Gamma and Delta), including more than 300 mg of all-important Gamma **Tocopherol** – Mother Nature's preferred and most protective form of Vitamin E.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Serving Size 1 Softgel Servings Per Container 360 **Amount Per Serving** %DV* Vitamin E (total natural tocopherols) 400 mg as natural d-gamma tocopherol 315 mg as natural d-alpha tocopherol 100 IU (67 mg) 333% as natural d-delta/d-beta tocopherol 20 mg alpha-Linolenic Acid (Omega-3)(from flaxseed oil) 50 mg * Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).