

SUGGESTED USE For best results consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

UNSURPASSED.

Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Founder of PROCAPS LABS

THIS PRODUCT IS
ONLY AVAILABLE FROM



800.944.9999
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PROCAPSLABS.COM

THE UNIVERSAL ANTI-OXIDANT

alpha-LIPOIC ACID with N-ACETYL CYSTEINE

150 MG ALPHA LIPOIC ACID

150 MG N-ACETYL CYSTEINE



360 Easy-to-Swallow Capsules

Andrew Lessman's ALPHA LIPOIC ACID delivers a special blend of two powerful and related anti-oxidants, Alpha Lipoic Acid (ALA) and N-Acetyl Cysteine (NAC). ALA has the rare ability to exist in either water- or oil-based environments, which enables ALA to deliver its powerful anti-oxidant benefits virtually anywhere in the body. This universal solubility results in ALA being commonly referred to as the "Universal Anti-Oxidant" and allows it to be particularly effective in providing its anti-oxidant benefits to the cells of our nervous system and brain where its molecular structure permits it to cross the blood-brain barrier. It also protects the vital tissues and structures of the cardiovascular and immune systems, the liver, kidneys and lungs. ALA's anti-oxidant capacity also helps to "recharge" and extend the life of other anti-oxidants in the body, such as Vitamins C and E, Coenzyme Q-10 and Glutathione. Unfortunately, the body makes and maintains very low concentrations of ALA and supplementation can become necessary as a result of the normal changes that accompany aging, stress, illness and even exercise. For additional protection against free radical damage, we include ALA's related molecule, NAC (N-Acetyl Cysteine), which is also a powerful anti-oxidant and an essential building block in the creation of Glutathione Peroxidase, perhaps the body's most powerful anti-oxidant. The human body relies on its own extremely effective internal anti-oxidant systems for protection, and ALA and NAC offer both internal and external anti-oxidant support to combat the daily onslaught of damaging free radicals. No modern anti-oxidant regimen is complete without the addition of the Universal Anti-Oxidant (ALA) and NAC. We then blend our Alpha Lipoic Acid and N-Acetyl Cysteine with the naturally green, nutrient- and chlorophyll-rich anti-oxidant benefits of Organic Wheat Grass and Organic Barley Grass.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving	%DV*	
Vitamin C (as ascorbyl palmitate)	5 mg	8%
Alpha Lipoic Acid	150 mg	†
N-Acetyl Cysteine	150 mg	†
Barley Grass, organic powder	100 mg	†
Wheat Grass, organic powder	100 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule.