

THE TRUE STRENGTH OF FISH OILS

Fish Oils contain long-chain fatty acids including docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA). DHA and EPA are omega-3 fatty acids with important roles in numerous metabolic functions[▲]. They are found in foods like salmon and supplements such as the ON Fish Oil Softgels you're holding in your hand. Our Fish Oil Softgels are enteric-coated, which means that you get the benefits of fish oils without the fishy aftertaste that you might encounter without this special coating.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.



FPO UPC



748927029840

V.2.984.0114US
6028661



NO FISHY AFTERTASTE

300MG
EPA/DHA

ENTERIC-COATED FISH OIL SOFTGELS

100
SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 100

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Fish Oil	1 g	**
Total Omega-3 Fatty Acids	300 mg	**
EPA (Eicosapentaenoic Acid)		
DHA (Docosahexaenoic Acid)		

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Ethylcellulose, Sodium Alginate, Vanillin, Purified Stearic Acid, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Purified Water.

ALLERGEN INFORMATION: CONTAINS FISH (ANCHOVY, MACKEREL, SARDINE) INGREDIENTS.

MANUFACTURED BY
OPTIMUM NUTRITION



975 Meridian Lake Dr.
Aurora, IL 60504

SUGGESTED USE: As a dietary supplement, take 1 softgel, up to 3 times daily, with meals.

1 (800) 705-5226 TRUESTRENGTH.COM

[▲] THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MANUFACTURED IN THE USA

This product contains ingredients of international and domestic origin

