

THE TRUE STRENGTH OF CLA

CLA or conjugated linoleic acid is a group of unique fatty acids naturally found in foods like eggs, dairy products, and red meat. However, to get the amounts of CLA needed to help encourage favorable changes in body composition through foods, you'd need to consume way too much dietary fat. Each softgel provides 750 mg of the pure CLA fats that you're looking for to help support your efforts.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18, OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.

STORE IN A COOL, DRY PLACE.

TRUE STRENGTH®
WWW.OPTIMUMNUTRITION.COM



Made with Clarinol® CLA.
Clarinol® CLA is a registered
trademark of Stepan
Specialty Products, LLC.

THESE STATEMENTS
HAVE NOT BEEN
EVALUATED BY THE
FOOD AND DRUG
ADMINISTRATION.
THIS PRODUCT IS NOT
INTENDED TO
DIAGNOSE, TREAT,
CURE, OR PREVENT
ANY DISEASE.



V.1.621.0215US
6032061



CLA

SOFTGELS

750
MG

180
SOFTGELS

DIETARY SUPPLEMENT

DIRECTIONS: Take 1 softgel with morning, afternoon, and evening meals.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 180

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
CLA (Conjugated Linoleic Acid) 750 mg		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Caramel Color, Natural Tocopherols.

MANUFACTURED BY **ON** 975 Meridian Lake Dr.
OPTIMUM NUTRITION, INC. Aurora, IL 60504

SUGGESTED USE: Intended for use in healthy adults and as part of a healthy, balanced diet and exercise program.

MANUFACTURED IN THE USA
This product contains ingredients
of international and domestic origin

1 (800) 705-5226 **TRUESTRENGTH.COM**