

The drink that advanced the science of muscle recovery.

Developed by leading exercise physiologists Endurox R4, with its patented† ratio of carbohydrates to protein, is proven to speed muscle recovery and reduce muscle damage following exercise.

Today, Endurox R4 is the #1 recovery drink for elite and serious athletes in cycling, running, triathalon and swimming and is an essential part of the post-game and post-workout ritual of hockey, football, basketball, lacrosse and soccer players from high school through the professional level.

No product can help your muscles rebuild and recover faster.

Check out enduroxr4.com

OFFICIAL DRINK:

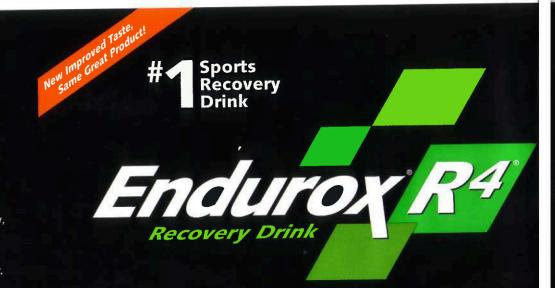
United States Track Coaches Association

College Swimming Coaches Association of America

Women's Basketball American Hockey Coaches Association Coaches Association

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Recover Faster - Recover Better - Come Back Stronger



The Proven Science.

Endurox R4, with it's patented ratio of carbohydrate to protein (4:1) plus antioxidants, electrolytes and glutamine, is proven to help muscles:

Recover Faster

- Replenishes muscle glycogen levels 128% more than a carbohydrate drink*
- Carb/Protein formula rebuilds muscle protein 38% more than a protein drink*

Recover Better

Reduces post-exercise muscle damage up to 36% *

Come Back Stronger

Extends endurance up to 55% in a subsequent workout*

Usage: Mix 2 scoops with 12 ounces of cold water. If you weigh less than 120 lbs. you can use 1 scoop. Take immediately after exercise.

† U.S. patent #6,051,236. Additional patents pending.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 scoops (75 grams) Servings Per Container 14

mount	Per	Servi	ng
alas!		270	0

Calories 270 Calories from	n Fat 10
% Da	ally Value†
Total Fat 1g	1%
Saturated Fat Og	0%
Cholesterol 10mg	3%
Total Carbohydrates 52g	17%
Dietary Fiber 0g	0%
Sugars 40g	#
Protein 13g	
Vitamin C 470mg	780%
Vitamin E 400IU	1330%
Calcium 100mg	10%
Magnesium 240mg	60%
Sodium 220mg	9%
Potassium 120mg	3%
L-Glutamine 420mg	11
† Based on a 2,000 calorie diet. ††Daily Value not established.	3.3
INGREDIENTS: DEXTROSE, WHEY PR	OTEIN

LECITHIN, MONOPOTASSIUM PHOSPHATE, FD&C YELLOW 5, FD&C YELLOW 6.

Glutamic Acid + 1-Glutamine

2.6g/serv **Branched Chain Amino Acids** 2.7g/serv

Store at room temperature. Avoid excess heat above 104°F (40°C).