

elements for hair, skin and **nails**®

> hair skin nails antioxidants^v

specialty

60 veggie capsules dietary supplement

gluten free

dairy free soy

free nut free

actual size

Supplement Facts

Amount % Daily Per Serving Value

Serving Size 2 Veggie Capsules Servings Per Container: 30

mg mg	*
mg	*
mg :	*
mg '	*
mg '	*
ma :	*
	mg mg

* Daily Value not established.

Other ingredients: Vegetarian capsule (hypromellose, water). microcrystalline cellulose, magnesium stearate, silica.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors

DIRECTIONS: As a dietary supplement, take two (2) veggie capsules daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094 Visit www.vitaminshoppe.com

or call 1-800-223-1216 for more information and to reorder.

Item No VS-3210 1810183