

Supplement Facts

Serving Size 1 Pack

Servings Per Container 21

Amount Per Pack	%DV
Natural Flavone/Sterone Complex 750mg	
Cyanotis Vaga Extract (B-Ecdysterone) (whole plant)	**
5-Methyl-7-Methoxyisoflavone	**
Ajuga Turkestanica Extract (turkesterone) (whole plant)	**
Phytosterols (providing beta sitosterol)	**
Anti-Catabolic Amino Complex 3000mg	
L-Leucine	**
L-Isoleucine	**
L-Valine	**
L-Taurine	**
Acetyl-L-Carnitine (ALC)	**
Leucine Ethyl Ester HCl	**
Anabolic Adaptogen Complex 1000mg	
Mulra Puama (bark)	**
Kudzu (isoflavones) (root)	**
Eleutherococcus Senticosus (root)	**
Insulin Potentiating Complex with CinnulinPF™ 500mg	
Fenugreek Extract (4-Hydroxyisoleucine) (seed)	**
Banaba Leaf Extract (corosolic acid)	**
Cinnamon Bark Powder	**
Na-R-Alpha Lipoic Acid (Na-R-ALA)	**
M Factor Complex with Bioperine® 500mg	
Ginger Root (gingerols, shogaols)	**
Grapefruit (6,7-Dihydroxybergamottin) (peel)	**
Piper Nigrum Fruit Extract	**
Energy Complex 500mg	
Methylxanthine Complex	
Caffeine	**
Kola Nut (seed)	**
Guarana Seed Powder	**

*Daily Value (DV) not established

OTHER INGREDIENTS: Dicalcium phosphate, whey, microcrystalline cellulose, gelatin, stearic acid, magnesium stearate, magnesium silicate, titanium dioxide, FD&C Blue #1, Red #40, pharmaceutical glaze. Contains: milk and soy. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

INGREDIENT NOTES: Bioperine® is Piper nigrum extract standardized for a minimum of 95% piperine alkaloids and is a registered trademark of the Sabinsa Corporation (U.S. Patents #5,536,566, #5,744,161, #5,972,382). CinnulinPF™ is a registered trademark of Integrity Nutraceuticals International.

DOSAGE: Take a pack every day for 21 straight days. On training days, take it 30-45 minutes before lifting. On off days, take it between meals. Cycle Animal M-Stak for best results—three weeks on, one week off. Repeat as needed. The entire Energy Complex (stim) is contained in the single red capsule. Remove it as you see fit.

WARNING: This product contains potent flavones and phytoecdysterones. Consult with your physician before using this product, especially if you're under one's care for any reason. Discontinue use if nervousness, tremors, sleeplessness, loss of appetite or nausea occurs. Not for use by pregnant or nursing women. Not for use by persons under 18. This product may be banned by some athletic associations or federations. Athletes should consult with their sanctioning authority before use. Keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

OUR IRONCLAD GUARANTEE: Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Formulated, Tested & Manufactured By:
Universal Nutrition
New Brunswick, New Jersey 08901 USA
800-USA-0101 • 732-545-3130
www.animalpak.com



WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the needs and desires of pro bodybuilders, Animal has grown over the decades. Today, Animal has stood the test of time and been proven in the trenches day in and day out. The name stands for trust, integrity and a no nonsense approach to the game. **WHAT ANIMAL M-STAK® IS** Hard gainer. You're a hard worker and you give it everything you got 24/7 but the gains are hard to come by. As a classic hard gainer, you train big and you eat big, but you have little to show for it. Animal M-Stak is a non-steroidal product geared specifically for you. Through its unique set of properties, most notably "nutrient-partitioning", Animal M-Stak helps you maximize your lean gains with greater efficiency and effectiveness. Work hard. Don't gain hard.*

Part #3001194580



Dietary Supplement | 21 Packs The Non-Hormonal Anabolic Stack Nutrient-Partitioning | Protein Synthesis | Anabolism | Anti-Catabolism | Flavones | Sterones | Stim #0615-G33522