

ICED TEA AND
LEMONADE
NATURALLY FLAVORED

YOU WANT TO GET GOING, but can't be weighed down.
This shot helps boost energy and alertness with a 50/50
blend of iced tea and lemonade[▲]. 0 carbs and calories make
it even more appealing.



**TURBO
HALF & HALF
ZERO**



120MG
CAFFEINE

0g
SUGAR

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY
IF SEAL IS INTACT.

▲ THESE STATEMENTS HAVE NOT
BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR
PREVENT ANY DISEASE.



ME 50
CA CRV

V1 1985 0615US 6030120

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS
OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE
OF 18. PREGNANT WOMEN SHOULD AVOID THIS PRODUCT. PREGNANT WOMEN SHOULD AVOID THIS PRODUCT.
SENSITIVITY TO CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY
RAPID HEARTBEAT.
DO NOT COMBINE WITH ALCOHOL. DO NOT EXCEED 2 BOTTLES WITHIN ANY 24-HOUR PERIOD. CONSUME AS
PART OF A HEALTHY DIET AND EXERCISE PROGRAM AND DRINK AT LEAST 40 FL OZ OF WATER PER DAY.
EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE. KEEP OUT OF REACH OF CHILDREN.

RECOMMENDED USE:

For Pre-Workout Energy: Begin drinking 1 bottle of TURBO HALF
& HALF[™] approximately 20 minutes prior to exercise and continue
sipping during training. For Anytime Energy: Drink 1 bottle of
TURBO HALF & HALF[™] anytime you need additional energy.[▲]

Supplement Facts

Serving Size 1 Bottle (8.5 fl oz)

	Amount Per Serving	% Daily Value
Sodium	10 mg	<1%
Potassium	80 mg	2%

Energy Blend [▲]	329 mg	**
Black Tea Powder (<i>Camellia sinensis</i>)(leaf) [†] , Caffeine Anhydrous [†] , Guarana Extract (<i>Paullinia cupana</i>)(seed) (fortified to 22% caffeine) [†] , Ginseng Powder (<i>Panax ginseng</i>)(root)		

** Daily Value not established

OTHER INGREDIENTS: Triple Filtered Water, Natural
Flavor, Malic Acid, Potassium Benzoate and Potassium
Sorbate (as preservatives), Tartaric Acid, Phosphoric Acid,
Citric Acid, Sucralose, Caramel Color, Acesulfame
Potassium, Yellow 5.

Manufactured by:
AMERICAN BODY BUILDING PRODUCTS
3500 Lacey Road, Suite 1200
Downers Grove, IL 60515

CAUTION

† TOTAL CAFFEINE FROM ALL SOURCES IS 120 MG PER BOTTLE.

8.5 FL OZ (251 mL)
DIETARY SUPPLEMENT

AMERICANBODYBUILDING.COM
1-866-353-9222

MADE IN THE
USA



This product contains
ingredients of international
and domestic origin