

Directions For Use

Adults: 7 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Women's Premium is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to enhance overall health*, help naturally balance hormones* and support healthy DNA*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Total Balance

Women's

Premium

Advanced Micro-Nutrient for Women

Enteric coated

105 Tablets



Dietary Supplement

Product of New Zealand

Supplement Facts

Serving size: 7 tablets

Servings per container: 15

	Amount Per Serving	% Daily Value*
Calories.....	30	
Calories from fat.....	5	
Vitamin A (from Mixed carotenoids).....	5000 IU	100%
Vitamin C (as Calcium ascorbate, Ascorbyl palmitate, Potassium ascorbate).....	164 mg	273%
Vitamin D3 (as Cholecalciferol).....	500 IU	125%
Vitamin E (as D-Alpha tocopheryl succinate).....	100 IU	333%
Vitamin K2 (as Menaquinone).....	180 mcg	225%
Thiamin (as Thiamin hydrochloride).....	10 mg	667%
Riboflavin (as Riboflavin-5-phosphate).....	10 mg	588%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate).....	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate).....	8 mg	400%
Folic Acid.....	300 mcg	75%
Vitamin B12 (as Dibenzoyl).....	25 mcg	417%
Biotin.....	400 mcg	133%
Pantothenic acid (as Calcium pantothenate).....	40 mg	400%
Calcium (as Dicalcium phosphate, Calcium ascorbate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate).....	50 mg	5%
Iron (as Ferric and Ferrous oxides).....	0.9 mg	5%
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate).....	45 mg	5%
Iodine (as Potassium iodide).....	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate).....	68 mg	17%
Zinc (as Zinc citrate).....	9 mg	60%
Selenium (as L-selenomethionine).....	99 mcg	141%
Manganese (as Manganese citrate).....	2 mg	100%
Chromium (as Chromium nicotinate).....	106 mcg	88%
Molybdenum (as Sodium molybdate).....	63 mcg	84%
Potassium (as Potassium ascorbate, Potassium citrate, Potassium iodide).....	76 mg	2%

	Amount Per Serving	% Daily Value*
RNA (Ribonucleic acid, from yeast).....	150 mg	...
N-acetyl L-cysteine.....	149 mg	...
Green tea extract.....	100 mg	...
Milk thistle extract (seed).....	100 mg	...
Soy lecithin.....	100 mg	...
Betain HCL.....	99 mg	...
MSM (Methyl sulfonyl methane).....	99 mg	...
Choline bitartrate.....	93 mg	...
Dimethyl glycine hydrochloride.....	90 mg	...
N-acetyl glucosamine (from Crustacean shell).....	79 mg	...
Hesperidin (from Bitter orange, fruit).....	78 mg	...
Inositol (as Inositol & Inositol hexaphosphate).....	59 mg	...
S-Adenosylmethionine (SAMe) (from 98 mg S-adenosylmethionine tosylate).....	51 mg	...
Alpha lipoic acid.....	50 mg	...
Bacopa extract (leaf).....	50 mg	...
Black currant extract (seed).....	50 mg	...
Ginger extract (root).....	50 mg	...
Ginkgo extract (leaf).....	50 mg	...
Grape seed extract.....	50 mg	...
Guggul gum extract.....	50 mg	...
Pine bark extract.....	50 mg	...
Turmeric extract (root).....	50 mg	...
PABA (p-Aminobenzoic acid).....	50 mg	...
5-Hydroxytryptophan (from Griffonia simplicifolia, seed).....	49 mg	...
Myricetin (from Bayberry, leaf).....	49 mg	...
Horseshall extract (stem).....	40 mg	...
Mineral sea salts.....	30 mg	...
Piperine (from Black pepper).....	28 mg	...
Trans-resveratrol (from Japanese knotweed, root).....	25 mg	...
Isoflavones (from Soybean).....	20 mg	...
Coenzyme Q-10.....	19 mg	...
Luteolin (from Peanut shell).....	18 mg	...
Alfalfa extract (aerial parts).....	10 mg	...
Phosphatidyl L-serine (from Soybean).....	10 mg	...
Policosanol (from Sugar cane).....	8 mg	...
Red clover extract (aerial parts).....	7 mg	...
ATP (Adenosine triphosphate, from Yeast).....	5 mg	...

	Amount Per Serving	% Daily Value*
Tocotrienol/tocopherol complex (Tocomin®) from Palm tree oil.....	2 mg	...
Vinpocetine (from Periwinkle flower).....	2 mg	...
Lycopene (from Tomato).....	900 mcg	...
Boron (as Boron citrate).....	720 mcg	...
Amino Acid Blend.....	1139 mg	...
L-histidine HCL, L-lysine HCL, L-carnosine, L-tyrosine, L-arginine HCL, L-methionine, L-ornithine HCL, L-proline, L-prolylglutamic acid, L-cysteine, L-glutamine, Taurine, Reduced L-glutathione.....		...
Female Health Support Blend.....	340 mg	...
Dong Quai extract (root), Feverfew extract (leaf), Wild Yam extract (root), Chasteberry extract.....		...
Enzyme Blend.....	150 mg	...
Bromelain (from Pineapple stem), Nattozymes protease (from Aspergillus oryzae & Aspergillus niger), Amylase (from Aspergillus niger), Lipase (from Aspergillus niger).....		...
Immunity Stimulating Blend.....	147 mg	...
Aloe vera (leaf juice), Olive leaf extract, Beta glucan (from Yeast), Tea polysaccharides (leaf).....		...
Eye Health Blend.....	53 mg	...
Bilberry extract (fruit), Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower).....		...

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Silicon dioxide, Carboxymethyl cellulose, Maltodextrin, Starch, Mannitol, Gum arabic, Corn oil, Citric acid, Enteric Coating, Colors (Titanium dioxide, Black iron oxide, Red iron oxide, Yellow iron oxide)

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

Xtend-Life™ Natural Products (Int'l) Ltd.

14 Settles Crescent, PO Box 19640, Christchurch 8023, New Zealand

Tel: USA / Canada 1-888-487-9304, International: +64 (3) 384 21 16

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