

Suggested Usage: Take 2 capsules daily, preferably in divided doses.

NOW® Thyroid Energy™ is a complete nutritional supplement for the support of a healthy thyroid gland.* NOW has combined Iodine and Tyrosine, the two constituents necessary for the synthesis of thyroid secretions.* The minerals Selenium, Zinc and Copper have been added as cofactors needed for normal thyroid function.* In addition, NOW® Thyroid Energy™ has the Ayurvedic herbal extracts from Guggul and Ashwagandha to complement its nutritional support components.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication, or have a medical condition including known ulcer. May cause mild transient GI upset. Discontinue use if GI symptoms persist. Individuals with thyroid disorders or those taking warfarin, thyroid medications, L-dopa, SNRIs, MAO inhibitors, or other mood altering medications should seek the advice of a physician before consuming this product. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

CAPSULE SIZE

CODE 3369Z V6



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Thyroid Energy™

Thyroid Support*

- Supports Healthy Thyroid Function*
- Supports Healthy Metabolism*

180 Veg Capsules

A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin)	60 mcg	1000%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	167%
Selenium (from L-Selenomethionine)	50 mcg	71%
Copper (from Copper Amino Acid Chelate)	1 mg	50%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Guggul (<i>Commiphora mukul</i>) (Gum Resin) Standardized Extract (min. 2.5% Guggulsterones)	75 mg	†
Ashwagandha (<i>Withania somnifera</i>) (Root) Standardized Extract (min. 2.5% Withanolides)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. L-OptiZinc® is a registered trademark of InterHealth Corp.

