

Directions For Use

Adults: 2 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Women's is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall female health*

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Total Balance Women's

Comprehensive Micro-Nutrient for Women

Enteric coated

120 Tablets



Dietary Supplement
Product of New Zealand

Supplement Facts

Serving size: 4 tablets

Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories	15	
Calories from fat	5	
Vitamin A (as Mixed carotenoids from Algae)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate)	194 mg	323%
Vitamin D3 (as Cholecalciferol)	500 IU	125%
Vitamin E (as D-alpha tocopheryl succinate)	100 IU	333%
Vitamin K2 (as Menaquinone)	180 mcg	225%
Thiamin (as Thiamin hydrochloride)	10 mg	667%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	688%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate)	8 mg	400%
Folic Acid	300 mcg	75%
Vitamin B12 (as Dibenzoyl)	25 mcg	417%
Biotin	400 mcg	133%
Pantothenic acid (as Calcium pantothenate)	40 mg	400%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate)	63 mg	6%
Iron (as Ferric and Ferrous oxides)	0.5 mg	3%
Phosphorus (as Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Riboflavin-5-phosphate, Pyridoxal-5-phosphate)	21 mg	2%
Iodine (as Potassium iodide)	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate)	65 mg	16%
Zinc (as Zinc citrate)	9 mg	60%
Selenium (as L-selenomethionine)	100 mcg	143%

	Amount Per Serving	% Daily Value*
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	106 mcg	88%
Molybdenum (as Sodium molybdate)	64 mcg	85%
Potassium (as Tripotassium citrate, Potassium ascorbate, Potassium iodide)	44 mg	1%
MSM (Methyl sulfonyl methane)	99 mg	**
Choline bitartrate	93 mg	**
Green tea extract	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	59 mg	**
Alpha lipoic acid	50 mg	**
Bacopa extract (leaf)	50 mg	**
Black cumin extract (seed)	50 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
Soy leathin	50 mg	**
Betain HCL	49 mg	**
Ginkgo extract (leaf)	40 mg	**
Horsetail extract (stem)	40 mg	**
Beta glucan (from Yeast)	35 mg	**
Dimethyl glycine hydrochloride	30 mg	**
Mineral sea salts	30 mg	**
5-Hydroxytryptophan (from Griffonia simplicifolia, seed)	29 mg	**
N-acetyl L-cysteine	29 mg	**
N-acetyl glucosamine (from Crustacean shell)	29 mg	**
Turmeric extract (root)	20 mg	**
SAME (from 29 mg S-adenosylmethionine tosylate)	15 mg	**
Coenzyme Q-10	14 mg	**
Alfalfa extract (aerial parts)	10 mg	**
Isoflavones (from Soybean)	10 mg	**
Luteolin (from Peanut shell)	9 mg	**
Piperine (from Black pepper)	9 mg	**
Trans-resveratrol (from Japanese knotweed, root)	7 mg	**
ATP (Adenosine triphosphate, from Yeast)	5 mg	**
Red clover extract (aerial parts)	5 mg	**

	Amount Per Serving	% Daily Value*
Policosanol (from Sugar cane)	4 mg	**
Tocotrienol/tocopherol complex (Tocomin® from Palm tree oil)	2 mg	**
Lycopene (from Tomato)	900 mcg	**
Boron (as Boron citrate)	720 mcg	**
Amino Acid Blend	399 mg	**
L-histidine HCL, L-arginine HCL, L-tyrosine, L-carnosine, L-methionine, Reduced L-glutathione		
Female Health Support Blend	340 mg	**
Dong quai extract (root), Feverfew extract (leaf), Wild yam extract (root), Chasteberry extract		
Enzyme Blend	125 mg	**
Bromelain (from Pineapple stem), Nattozymes protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend	13 mg	**
Rutin (from Saphorae japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Silicon dioxide, Carboxymethyl cellulose, Maltodextrin, Starch, Mannitol, Gum arabic, Com oil, Citric acid, Enteric coating, Colors (Titanium dioxide, Black iron oxide, Red iron oxide, Yellow iron oxide)

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

Xtend-Life™ Natural Products (Int'l) Ltd.

14 Settlers Crescent, PO Box 19840, Christchurch 8023, New Zealand

Tel: USA / Canada 1-888-487-8304, International: +64 (3) 384 2118

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