

Directions For Use

Adults: 4 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Unisex is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall health*.

Store in a cool, dry place.

Batch number:

Manufactured:

Use by date:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Total Balance Unisex

Comprehensive Micro-Nutrient
for Men and Women

Enteric coated

120 Tablets



Dietary Supplement
Product of New Zealand

Supplement Facts

Serving size: 4 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories	20	
Calories from fat	5	
Vitamin A (from Mixed carotenoids)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate)	194 mg	323%
Vitamin D3 (as Cholecalciferol)	500 IU	125%
Vitamin E (as D-Alpha tocopheryl succinate)	100 IU	333%
Vitamin K2 (as Menaquinone)	180 mcg	225%
Thiamin (as Thiamin hydrochloride)	10 mg	667%
Riboflavin (as Riboflavin-5-phosphate)	10 mg	588%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate)	8 mg	400%
Folic acid	300 mcg	75%
Vitamin B12 (as Dibenzoyl)	25 mcg	417%
Biotin	400 mcg	133%
Pantothenic acid (as Calcium pantothenate)	40 mg	400%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate)	63 mg	6%
Iron (as Ferrous and Ferric oxides)	0.5 mg	3%
Phosphorus (as Calcium magnesium inositol hexaphosphate, Dicalcium phosphate, Pyridoxal-5-phosphate, Riboflavin-5-phosphate)	19 mg	2%
Iodine (as Potassium iodide)	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate)	65 mg	16%
Zinc (as Zinc citrate)	9 mg	60%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as Copper gluconate)	0.1 mg	5%
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	106 mcg	88%

	Amount Per Serving	% Daily Value*
Molybdenum (as Sodium molybdate)	64 mcg	85%
Potassium (as Tripotassium citrate, Potassium iodide, Potassium ascorbate)	44 mg	1%
Soy lecithin	100 mg	**
MSM (Methylsulfonyl methane)	99 mg	**
Choline bitartrate	93 mg	**
Milk thistle extract (seed)	80 mg	**
Betain HCL	79 mg	**
Hesperidin (from Bitter orange, fruit)	78 mg	**
Dimethyl glycine hydrochloride	60 mg	**
Green tea extract	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	50 mg	**
Alpha lipoic acid	50 mg	**
Bacopa extract (leaf)	50 mg	**
Black cumin extract (seed)	50 mg	**
Olive leaf extract	50 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
Turmeric extract (root)	50 mg	**
Ginkgo extract (leaf)	50 mg	**
N-acetyl glucosamine (from Crustacean shell)	49 mg	**
N-acetyl L-cysteine	49 mg	**
Horse tail extract (stem)	40 mg	**
Beta glucan (from Yeast)	35 mg	**
Mineral sea salts	30 mg	**
SAME (from 49 mg S-adenosylmethionine tosylate)	25 mg	**
Coenzyme Q-10	14 mg	**
Piperine (from Black pepper)	14 mg	**
Alfalfa extract (aerial parts)	10 mg	**
Trans-resveratrol (from Japanese knotweed, root)	10 mg	**
Luteolin (from Peanut shell)	9 mg	**
ATP (Adenosine triphosphate, from Yeast)	5 mg	**
Policosanol (from Sugar cane)	4 mg	**
Tocotrienol/tocopherol complex (Tocomin®)	2 mg	**
from palm tree oil	2 mg	**
Lycopene (from Tomato)	1 mg	**

	Amount Per Serving	% Daily Value*
Boron (as Boron citrate)	720 mcg	**
Amino Acid Blend	337 mg	**
L-tyrosine, L-methionine, L-carnosine, Taurine, L-arginine HCL, Reduced L-glutathione		
Enzyme Blend	150 mg	**
Bromelain (from Pineapple stem), Papain (from Papaya), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend	43 mg	**
Bilberry extract (fruit), Rutin (from Saphorae japonica, bud), Lutein (from Aztec mangold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Silicon dioxide, Carboxymethyl cellulose, Maltodextrin, Starch, Mannitol, Gum arabic, Corn oil, Citric acid, Enteric Coating, Colors (Titanium dioxide, Black iron oxide, Red iron oxide, Yellow iron oxide)

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

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