SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle. along with one of ANDREW LESSMAN'S multi-vitamin-mineral formulas. For answers to questions about the use of this product call 800.800.1200.



OUESTIONS? RE-ORDERS? CALL 800.800.1200 www.PROCAPSLABS.com

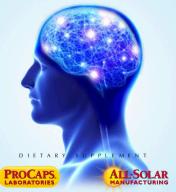




430 Parkson Road • Henderson, NV 89011

PS 200

BRAIN AND NERVOUS SYSTEM SUPPORT STRESS · MEMORY · MOOD



Andrew Lessman's PHOSPHATIDYL SERINE 200 provides an ultra-high potency source of the brain's most important phospholipid. Phosphatidyl Serine (PS) is a vital part of all cell membranes; however, it is in the brain where it is most highly concentrated and its benefits are therefore most apparent. Unfortunately, there are no good dietary sources of PS, so its independent benefits are only available via supplementation. Given Phosphatidyl Serine's high concentration in the brain, it is not surprising that PS plays a vital role in normal brain structure and function. PS is also essential for the production and release of neurotransmitters - those vital molecules that are required for all brain functions, such as thought, memory

and concentration. **PS** has also been shown to help support positive mood and a healthy response to certain forms of stress. Life can often seem to be nothing more than a series of stressful experiences and it is often said that our ability to cope with that stress defines the quality of our life, particularly as we age. Our **Phosphatidyl Serine 200** provides a high potency natural tool to help promote our body's healthy, positive response to stress while supporting healthy brain function, including positive mood and mental clarity.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat cholesterol, color, preservative, common allergens or manufacturing additives.

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Serving Size 1 Capsule Serving	gs Per Conta	ainer 240
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl p	60 mg almitate)	100%
Vitamin B1 (as thiamin hydrochlorid	e) 5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	25 mcg	6%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%
Pantothenic Acid	5 mg	50%

Phosphatidyl Serine 200 mg * Percent Daily Values (%DV) based on a 2,000 calorie diet.

(as calcium pantothenate)

+ Daily Value not established

Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.

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240 Easy-to-Swallow Capsules