

Suggested Usage: Take 2 capsules 1 to 2 times daily.

NOW® Glucosamine & MSM with Chondroitin Sulfate combines three well-known joint support ingredients.* Glucosamine is an essential building block for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.* These compounds promote water retention within the joint, giving it resiliency by acting as a lubricant and a means to absorb shock.* MSM (Methylsulfonylmethane) is an organic form of sulfur, a mineral necessary for the production of GAGs and proteoglycans.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Persons with a known allergy to shellfish should not use this product. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children.

CAPSULE SIZE

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur
in this product.

CODE 3279B v7



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Glucosamine & MSM

Joint Health*

- Supports Healthy Joint Function*
- Plus Chondroitin Sulfate



180 Veg Capsules

A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Glucosamine Sulfate (from 1,500 mg Glucosamine Potassium Sulfate Complex)	1.1 g (1,100 mg)	†
MSM (Methylsulfonylmethane)	500 mg	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW Foods developed the glucosamine test method chosen as the official AOACI industry standard method.

Store in a cool, dry place after opening.

Please Recycle.

