

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

*Your health & safety are our first priority!*

No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

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VITAMIN WORLD®  
*get healthy.*

# B-12

500 MCG

*Promotes Energy Metabolism\**  
*Supports Heart Health\**

250  
TABLETS

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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TO REORDER PROD. # 1373  
[www.vitaminworld.com](http://www.vitaminworld.com)  
1-800-228-4533

**DIRECTIONS:** For adults, take one (1) to five (5) tablets daily, preferably with meals.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
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Vitamin B-12 500 mcg (as Cyanocobalamin)	8,333%
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**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.