

TRY OUR OTHER TMRFIT™ PRODUCTS!

Supplement Facts

Serving Size 1 packet (18.4g)

Servings Per Container 1

Amount Per Serving	%DV	
Calories	30	
Total Carbohydrate	7g	2%*
Sugars	3g	
Vitamin C (as Ascorbic Acid)	100mg	166%
Thiamin	0.45mg	30%
Riboflavin	0.5mg	29%
Niacin	10mg	50%
Vitamin B6 (as Pyridoxine HCL)	10mg	500%
Folic Acid	100mcg	25%
Vitamin B12 (as Methylcobalamin)	24mcg	400%
Pantothenic Acid (as D-Calcium Pantothenate)	5mg	50%
Magnesium (from ConcenTrace®)	30mg	8%
Chloride (from Potassium Chloride, ConcenTrace®)	90mg	3%
Sodium (as Sodium Citrate)	20mg	1%
Potassium (from Potassium Chloride)	30mg	<1%

Mental Focus/Energy Blend 4531mg †
Tapioca Starch, Guarana, D-Ribose, Green Tea leaf, Choline Citrate, Ginkgo Biloba leaf powder, (Net Caffeine = 150mg).

Power, Strength, & Endurance Blend 3301mg †
Creatine Monohydrate, CarnoSyn® Beta-Alanine, Creatine HCL, Chinese Ginseng, Rhodiola root powder, Eleuthero root powder, Quercetin Dihydrate powder, Alpha Lipoic Acid.

Oxygenation/Circulation Blend 2500mg †
L-Citrulline, AAKG L-Arginine, Organic Beet Root powder.

BCAA 2:1:1 Blend 2000mg †
L-Leucine, L-Isoleucine, L-Valine.

ConcenTrace® Electrolyte Blend 500mg †
A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Certified organic cane sugar, natural raspberry and citrus flavors (lemon, lime), citric acid, stevia leaf extract, silica.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Open packet, add contents to 8-10 oz of water and mix well. Take 15-30 minutes before workout for best results. **CERTIFIED VEGAN.**

r-M4Y15



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PRE - packet



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‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTICE: Consult a health care professional prior to use. Do not use if you are pregnant, nursing, sensitive to caffeine, under the age of 18, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. The caffeine content in this product is equivalent to about 1 1/2 cups of coffee. Too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. Begin use with 1/2 the serving size or less and assess your tolerance. Once tolerance is assessed, take a maximum dose of 1 serving daily. To avoid sleeplessness, do not consume within 6 hours of bedtime. **KEEP OUT OF REACH OF CHILDREN.**



NON-GMO

NET WT 0.65 OZ (18.4 g)

DIETARY SUPPLEMENT

RASPBERRY LEMONADE FLAVOR

liqumins™

TMRFIT SERIES
PRE CHARGED

STRENGTH ‡ ENDURANCE ‡



FOCUS ‡

ENERGY ‡



SUPERCARGED WITH CONCENTRACE®
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
EASY SINGLE-SERVING PACKETS

PRE
WORKOUT



RESEARCH



Trace Minerals