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Manufactured by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com • 1.800.245.4440

This product contains NO yeast, wheat, gluten, corn, sodium, sugar, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily on an empty stomach or as directed by your healthcare professional.

Warning: Do not use if you are pregnant, breastfeeding or allergic to milk protein. Consult a healthcare practitioner prior to use if you are taking antidepressant and/or anxiolytic medications.

Lactium® is a registered trademark used under license.

Suntheanine® is a registered trademark of Taiyo International Inc.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201348

Sereniten Plus

A Dietary Supplement



30 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 30

Amount Per Serving	%DV
Vitamin D3..... 100 IU	25%
Casein decapeptide (milk) (Lactium®) 175 mg	*
L-Theanine 50 mg (Suntheanine®)	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose and silica.